



The Orbiter

Mission Ready...That's the Pointe!

Volume 9, Issue 8

April 1, 2017

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Website: <http://www.palmpointe.fau.edu>

Office Hours
Monday - Friday 8:00 – 4:45
School Hours 9:40 – 4:10

Supervision
There is no supervision before 9:20 each day. Please allow your children to remain in your car until this time.

Principal's Corner

Dear Palm Pointe Families,
Thank you for your continuous support of Palm Pointe. We are proud of our excellent staff, wonderful students and supportive parents. Just a reminder that our testing season has begun and will continue until May 16th. We appreciate all that you do from home to support your child during this time. We also appreciate your promptness and attendance on your child's testing days. We have no doubt that our rockets will continue to soar!

Very soon you will see a new fence that will completely enclose our entire campus. At this time, our campus is enclosed with the exception of the P.E. area and back fields. Our TCUS board approved the additional fence and Tradition has approved the installation. We are pleased to be providing additional fencing around the entire perimeter of our school property.

Kathleen Perez, Principal

FSA Testing

The 2017 testing schedule began with the Writing Florida Standards Assessment (FSA) in March, along with our third grade students taking the paper based FSA ELA exam. April is a busy month for testing. Please remind your child about how much he/she has prepared all year long and how proud you are of his/her hard work!

2017 Testing Schedule

	Reading	Math	Other
Gr 3	March 28 th & 29 th 2 sessions-PBT	April 17 th & 18 th 2 sessions- CBT	
Gr 4	April 12 th & 13 th 2 sessions- CBT	April 19 th & 20 th 2 sessions- CBT	
Gr 5	April 10 th & 11 th 2 sessions- CBT	April 21 st & 24 th 2 sessions- CBT	Science -May 2 nd & 3 rd 2 sessions-PBT
Gr 6	April 10 th & 11 th 2 sessions- CBT	April 19 th , 20 th , 21 st - 3 sessions- CBT in 2days	
Gr 7	April 12 th & 13 th 2 sessions- CBT	April 24 th , 25 th , 26 th - 3 sessions- CBT in 2days	Civics - May 15 th Columbia May 16 th - Apollo 1 session-CBT
Gr 8	April 17 th & 18 th 2 sessions- CBT	April 25 th , 26 th , 27 th . 3 sessions- CBT in 2 days	Science - May 2 nd - PBT 2 sessions in one day Algebra - May 8 th & 9 th , 2 sessions- CBT

PBT- Paper-Based Test, CBT- Computer-Based Test

Growth Mindset in the Testing Season:

Lower Anxiety by Boosting Encouragement

For many students, 'testing season' can evoke increased feelings of stress and anxiety. Although they have prepared throughout the year, and taken extra time to review in the weeks leading up to the exams, it is not unusual for students to worry about their test performance, or start doubting their own abilities. An article published by USNews suggests that students of all ages can combat test anxiety by following these five principles:

1. **Breathe:** When anxiety starts to build, close your eyes and take several slow, deep breaths. This can refocus the mind and relax the muscles, not to mention boost oxygen levels which rejuvenates the whole body!
2. **Set Aside Time for Yourself:** Preparation is important (see number 5), but so is relaxation. Be sure that students have time to spend with family and friends, enjoy hobbies, play outside, etc., so their minds get a chance to rest.
3. **Exercise:** Many studies have shown that physical activity can reduce stress and activate endorphins.
4. **Sleep:** The most common piece of advice given before testing days is "make sure kids get a good night's sleep and a big breakfast." A full night of rest before any exam is critical for preparing the mind for the challenges ahead.
5. **Take Control of Your Preparation:** While it is difficult to study for 'high-stakes' exams, students may wish to look over class notes, old assignments, or any study materials in the weeks leading up to the big event. It is recommended that students make a study schedule so they can move their learning into permanent memory, rather than cramming in the last moments.

From a growth mindset perspective, we know that encouraging **effort** can have a greater positive impact on performance than praising 'perfection.' Students who feel pressured to achieve a certain score, or who feel discouraged when they believe they've made a mistake may be more susceptible to testing anxiety. So how can you help at home? Continue encouraging your children to develop positive self-talk, otherwise known as the "I can" attitude. When faced with a difficult question or problem, an anxious inner voice might think, "This is too hard...I can't do it!" Instead, students who practice positive self-talk might think, "This is difficult, but I can try my best," or, "I'm not sure what this answer is...I can use what I know to make my best guess, or come back to it and try again." Positive self-talk is like an inner coach who is always there to cheer you on. This type of thinking takes practice, but can be very powerful in overcoming the mental block that sometimes accompanies testing anxiety. Parents can help by using positive talk when speaking about effort. Rather than focusing on a certain score, give kids permission **to do the very best that they can**...can we really ask for more?

Citizen of the Month

Congratulations to our March recipients!

Kindergarten: Agostina Censabella, Janelle Flores, Kieran Dodson, Eviana Chavez, Annabeth Lewis, Madison Middlebrook, Michael Pisano, Connor Disavino
First Grade: Jace Tannehill, Ethan Forshner, Sophia Rooney, Dylan Hutchinson, Davi Siqueira, Stella French, Nash Barcelona, Ser'Jameson Palmer, Logan Tavares, Zahir Thomas, Nicholas Orenge
Second Grade: Mia Campanella, Aubrey Genereux, Aiden Bloomfield, Brooke Massman, William Gilson, Aidan Gluck, Aaron Dippolito, Jamy De Campo, Madison Van Gough, Ryssa Peters, Callie Berrios
Third Grade: Brianna Crockett, Collin Barnhart, Aodhan Kelly, Zoey Lockett, Naiya Pierre Louis, Jovani Gutierrez, Lillian Heelan, Clayton McMichael, A'darion Hall
Fourth Grade: Jessica Perrott, Lauren Hadley, Andrew Madrid, Madeleine Crockett, Nicolas Friman, Olivia Donnelly, Brenda Rooney, Cooper Brooks
Fifth Grade: Ella Allen, Karla Hawblitzel, Taylor Cook, Monique Nibbs, Amy Del Campo, Dominick Brown, Nicholas Devito, Nikko Lopez
Sixth Grade: Lia Mihajlovski, Gia Villasana, Kristen Doig, Jessica Jean Baptiste, Treyvon King, Payton O'Berry, Nikki Lipetri, Michael Brown, Tyler Green
Seventh Grade: Andon Gelety, Jasmine Adames, Marcus Lima, Victoria Sierra, Sebastian Paez-Aguirre, Sebastian Rodriguez, Brandon Ramos, Elijah Lindsey, Logan Poschmann, Kaden Stratton, Christian Alvarez-Quiroga, Cassandra Isaac
Eighth Grade: David Templeton, Cameron Stott, Lindsay Yust, Bobby Thompson, Matthew Figgiani, Gabriella Lawrence, David Dias, Hector Pena, Faiaz Raz, Taily Stivers, Nadia Mihajlovski

PTO News

Thank you to our families who came out to Five Guys Burgers & Fries. Everyone had a great time. The PTO provided equipment to our intramural sports teams. We also contributed to FSA snack support. The Happy Camper Book Fair has begun. If you are able to assist, contact Elsie.Garber@stlucieschools.org.

Title 1 Parent Involvement/Parent Satisfaction Survey: 3/31-4/11

As part of Title 1, Palm Pointe must conduct an annual assessment of parental involvement. To accomplish this, we are asking that parents/guardians complete one survey per family (either in hard copy form or online, through a link on the PPE home page, <http://www.palmpointe.fau.edu>), as well as one half sheet letter per family, listing all of their children's names, grades, and homeroom teachers. Each student will receive the half sheet letter and survey on Friday, March 31st and the survey window will remain open until Tuesday, April 11th.

Students who return their surveys/half sheets no later than Tuesday, April 11th will receive a free dress code pass. Students in 4th and 7th grade will redeem theirs on Monday, April 17th; students in all other grades will have their day on Thursday, April 13th. Please have students turn in their completed surveys/half sheets to their teacher. We value our families' input! Thank you!

End of Year Events

Mark your calendars now for some end-of-year events!
 8th Grade Graduation- May 31st
 Kindergarten Pinning Ceremony- May 30th
 *Grade 5 will have an End of Elementary Class Celebration for the students in lieu of a formal ceremony. Details to follow...

Homeless Education

If, due to a loss of housing, you must live in a shelter, motel, vehicle, or campground; on the street; in abandoned buildings; or doubled-up with relatives or friends; then you are eligible to receive services provided under the McKinney- Vento Act. If you need assistance or additional information, please contact Mrs. Kuba at (772) 345-3245 or summer.kuba@stlucieschools.org.

ESE Parent Survey

The 2016-17 FLDOE ESE Parent Survey is open from 2/1/2017-5/31/2017. You will receive a paper copy of the survey sent home via your student (check backpacks) or you can go to www.esesurvey.com to complete your survey. Your input is valued.

Please have your child check the Lost & Found boxes located on the stage in the auditoria if they are missing any items.

APRIL 2017

Students may wear any PPE T-Shirt on Spirit Day, which is every Friday. Spirit Shirts are available for \$10.00

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					31 PBIS Aprils Fools Day mismatch \$1.00 Title I Parent Survey Opens C5	1 FBA MS Concert Band Festival @ TCHS 12:00
2	3 10:00 Honor Roll 7-8 Spring Book Fair 3/27 - 4/7 D1	4	5 Early Release Day-PD 10:00 Honor Roll Gr. 5-6 PTO Mtg 9:00 E2	6 K-Family Math Night 5:30 - 6:30 10:00 Honor Roll Gr. 3-4 F3	7 TCUS Mtg 1:30 A4	8 St. Lucie County Fire Dept. Support Autism Event 12-6pm @ Jessica Clinton Park Jazz Band performs @ Wingfeast at Tradition Square 10-1:30 (Identified Students) B5
9 FSA ELA Gr. 4-8 FSA Math Gr. 3-8 CBT Window 4/10-5/12 FSA ELA (4-8) & Math (3-8)CBT PBT Accom 4/10-5/12	10 Gr 6 ELA CBT (S1) Gr 5 ELA CBT (S1) C1	11 Gr 6 ELA CBT (S2) Gr 5 ELA CBT (S2) Title I Parent Survey Closes/Papers Due to Front Office Elem. Chorus Concert 6 pm D2	12 Gr 7 ELA CBT (S1) Gr 4 ELA CBT (S1) 8th Gr Science Boot Camp 4-6pm Big Apple Night	13 Gr 7 ELA CBT (S2) Gr 4 ELA CBT (S2) Gr. K Sight Word Egg Hunt 2:30 Parent Survey Participant No Dress Code Pass Day (Gr. K-3, 5-6, 8) F4	14 Holiday For All- Spring Holiday	15
16 FSA EOC Alg 1 CBT Window 4/17-5/12 NGSSS EOC Civics-CBT Window 4/17- 5/19	17 Gr 8 ELA CBT (S1) Gr 3 Math CBT (S1) Parent Survey Participant No Dress Code Pass Day (Gr. 4 and 7) A5	18 Gr 8 ELA CBT (S2) Gr 3 Math CBT (S2)	19 Gr 6 Math CBT (S1) Gr 4 Math CBT (S1) SAC 8:30 in LP 8th Gr Science Boot Camp 4-6pm B1	20 Gr 6 Math CBT - Discovery (S2&S3) Gr 4 Math CBT (S2) Spring Band Concert 6 pm D3	21 Gr 6 Math CBT -Atlantis (S2&S3) Gr 5 Math CBT (S1) Gr. K-2 Young Authors Ceremony 2:30 E4	22 Civics Boot Camp 9-12
23	24 Gr 7 Math CBT (S1) Gr 5 Math CBT (S2) NJHS Mtg 3:40 F5	25 Gr 7 Math CBT-Columbia (S2&S3) Gr 8 Math CBT (S1)	26 Gr 7 Math CBT-Apollo (S2&S3) Gr 8 Math CBT (S2&S3) Citizen of the Month 2:30 K-Blastoff 6 pm B2	27 Gr 8 Math CBT (8F/8G) (S2 & S3) Gr. 1 Math Game Night 5:30 - 6:30 in Auditoria C3	28 Faculty Council Mtg. 8:15 \$1.00 No Dress Code Supporting Cystic Fibrosis Gr. 2 Field Trip to Brevard Zoo 9-3:00 D4	29 Algebra & 5th gr Science Boot Camps 8-12
30						

